

KCASA Annual Report 1 April 2022 to 31 March 2023

Chairman's Report

KCASA continues to run with the support of an ever-decreasing number of dedicated volunteers. I applaud all involved and thank them enormously for the contributions made be they large or small.

The primary purpose of the KCASA is to manage the aquatic disciplines and activities that take place within its boundaries, and we are very reliant on the engagement and support of member clubs that operate in these sports. It is very clear that some disciplines; Competitive, Masters and Artistic Swimming, along with Water Polo are very active within the County, whilst others: Open Water, Disability and Para Swimming along with Diving, are less so. I strongly encourage clubs that take part in the non-represented activities to come on board and get involved. The KCASA team are here to support activities that promote development so please don't miss out on opportunities that may be available.

Whilst the total number of active athletes in the County is still lower than it was in 2019, it is pleasing to report that we have seen an increase in numbers over the last year.

Facilities in the County continue to fall well below the standard we would like, leaving us in the precarious and hugely expensive position of using out-of-County pools to run our main swimming championships and host the Inter County Masters competition. Of course, KCASA has no influence on where and how new pools are built but we are keen to support any activity that is taking place.

The financial fallout from this has and will continue to be substantial and, as a result, we recently set up a small working group to take a closer look at the burden involved in operating at this level and to ensure our financial reserves remain in a healthy position in the future. We do believe that the current activities of our organisation must be funded by its active membership and whilst it's OK to fall back on reserve funds for planned activity, we cannot continue to do so on an unplanned basis.

Swim England has recently launched its Governance Code for Counties. Having attended an initial launch and subsequent review meeting it is pleasing to report that KCASA looks in good shape to attain the standards required. Work has already begun on submissions and will ultimately become part of what we do moving forwards.

The highlight of the County swimming year was to see the Kent Team crowned as Inter County Champions in October 2022. This was an amazing achievement and I congratulate all of the swimmers, coaches and team managers involved.

Finally, I would like to say a huge thank-you to all involved in the day to day running of aquatic sports in the county. Well done! The work you undertake is sometimes thankless but it is amazing, and thousands of athletes of all ages and abilities can only do what they do with your support. Keep up the great work and as always, if I or any of my colleagues at KCASA can assist you, please get in touch.

John Burdett

President's Report

It has been a great honour to be the president of Kent Swimming. I took on the role as the swimming world was coming out of Covid, dealing with new challenges around organising what has become the county's largest event - the county swimming championships. My last one as promoter, the first after lockdown, and was such an intense demand on me mentally and physically I knew then I was unable to continue for an

eighth year. There were no presentations that year because of Covid, which made the dual role logistically possible.

In October 2022, I was fortunate to be the president when Kent won its first National County Team Championship, something that will live in my memory and, I suspect, most of the team involved for many years to come! Hopefully Kent will succeed again next month.



November saw the county host the South East Masters round of the National Masters Team competition at the LAC, which saw Kent achieve 11th place from the 33 counties that entered,

The county championships 2023, were a little surreal for me personally having been responsible for so much in previous years, to be able to enjoy the event and congratulate the winners, was a very different experience!

I would like to thank everyone that has helped the county in whatever form - the sheer amount of volunteer help involved across all the disciplines is outstanding, and I hope the county succeeds for another 132 years.

Alan Davidson

Financial Report for the year to 31 March 2023

Funds: The funds held in the bank have decreased from 31 March 2022 (£107,451) to 31 March 2023 (£83,271) by £24,180. We are, however, still in a healthy position.

Overall Picture: As can be seen from the annual accounts, the county would have suffered a significant loss had we not, as stated in last year's annual report, released a provision from some 6 years ago of in excess of

£21,000. This has allowed the deficit for the year to be restricted to £4,139. This is despite a loss on the swimming championships of more than £15,000. We also hosted the Inter-County Masters event, with Swim England and Swim England South East assisting with the funding. Further explanations relating to the loss on the running of the Championships is detailed below.

Kent Swimming Championship: The 2023 year has been tough on us all, and swimming has not been shielded from this.

We managed to continue to hold the 2023 Championships Long Course, split between K2, Crawley for the long-distance events with the rest held at LAC.

The costs of Crawley were generally similar to other times that we have used them. However, the cost of using LAC is becoming ever more expensive.

We expected to make a loss in excess of £10,000 on the running of these championships, and this indeed was the case. The hire cost of LAC in itself is incredibly high, but this is exacerbated by their instance on having not only security, but also paramedic cover.

For many years, the swimming championships were profitable enough to run all the other events and activities financed by the County. This is no longer the case under the current funding model.

A working party from the Board has convened and reviewed the year's income and expenditure, and has come up with recommendations that will, hopefully, allow us to move towards breaking even on the championships going forward.

Whilst we still have significant funds, these would be quickly depleted were we to continue without making suitable changes, and so we have done so.

These involve changing of the programme of events in terms of the running order, which should allow for better use of the time allocated, along with, unfortunately, an increase in individual entry fees. Having reviewed the entry fees for open meets held at LAC, and the general entry fees charged by other counties, it has become obvious that we have been significantly cheaper than both. Whilst we have had to make this decision, we have decided to increase to entry fees to a level which we feel is viable to our members without exceeding the costs charged elsewhere.

County Levy: As with previous years, we have once again charged a levy on all swimmers in Club Train and Club Compete memberships. In order to assist with the rising costs to the county, a decision was made by the same working party to increase this to £3.00 per member. This allows for the increased costs faced by the county to be partly funded by all those involved in the pool in the county, ant just by those in the county championships.

Investment Income: Obviously holding reasonably large deposits, we have now started to earn more interest from our deposit accounts, which is where most of our funding is placed. In the 2023 year we earned £419 compared with just £10 in 2022.

It is felt however that there are better rates to be found by depositing some of the funds other than in standard business reserve accounts, and we are looking at the best available rates to allow us to make the County's money work for its members but leaving us with sufficient liquid funds to continue day-to-day activities. By the time the ACM occurs, I would hope that these deposits would already be in place.

Ian Howes
Treasurer and Trustee

Welfare Officer Report

My name is Chelsey, and I took over the position of Kent County Welfare Officer in March 2023.

I volunteered for the role as I believe that nothing is more important than the happiness and wellbeing of the children within our sport, and, as a coach, I know that happy swimmers are the most successful swimmers. My main goal during my tenure as County Welfare Officer is to work proactively to create a culture within our sport where every swimmer is treated fairly and has their welfare as the paramount consideration.

Some of the key ways I will be looking to achieve this include:

- Offering support to clubs and swimmers, either at their own request, or that of the Swim England Child Safeguarding Team.
- Raising awareness of Wavepower, and the rights and responsibilities it confers on swimmers and clubs. This will involve working with Kent clubs to ensure their welfare and safeguarding policies are easily accessible to swimmers and their families.
- Strongly encouraging clubs to ensure that, as well as their welfare officer, key members of the committee, including chair and secretary, who may also have welfare or safeguarding concerns raised to them, have completed the appropriate child safeguarding training.
- Ensuring all relevant county members, volunteers and staff have a DBS check and have completed the appropriate safeguarding and/or other required training.

My contact details are available on the Kent County Website.

Chelsey Denney Kent County Welfare Officer

19 September 2023

Masters Report

As the effects of COVID finally died away, the master's events programme started to return to normal but at a slower-than-expected pace with regular annual open events from pre-COVID missing

Kent-based Masters swimmers competed in the British Championships, held in Aberdeen, with great success. Medway Maritime led the way bringing home three Golds, seven Silvers and five Bronze medals.

In Swim England's National Masters Championships, held in October, swimmers competed in a 'high-quality' event with World, European and British records set. Medway Maritime SC again led the way along with Erith & District SC, with both clubs bringing home gold medals.

I would like to highlight that the ever-increasing cost of travel, hotels and events, has become challenging for our Masters to constantly travel to events planned in the north. It is a shame that British and National level events are rarely if ever planned in London or the south! This may well have a long-term effect on our Masters at this level.

Our own county championships were held in July, with 15 clubs from across the county competing. Erith & District SC continued as the overall best club, winning both the long and sprint event trophies.

The overall Swim England Decathlon points for 2022 were:

- Top Open/Male Kent Club: Medway Maritime SC with 12676 points (30/446)
- Top Female Kent Club: Erith & District SC with 11847 points (30/376)
- Top Open/Male swimmer: Mariusz Barcikowski (Medway Maritime SC) with 3672 points (106/1981)
- Top Female swimmer: Jennifer Vick (Erith & District SC) with 3733 points (85/1519)

Open Water Report

Access to open water time and space was difficult to acquire as many venues (including St Andrews) were reluctant to give over any regular reserved spaces to a quantity of swimmers to allow training and coaching.

Going forward, an agreement has been reached with Leybourne Lakes in Cuxton who will allow a regular slot for up to 15 (and in the future) 20 swimmers with myself. There are safety agreements in place, which include a risk assessment and the use of tow floats and wet suits.

There needs to be criteria in place to ensure that swimmers attending are at an appropriate level and initially the proposal would be to invite a number of Kent 800/1500m swimmers with input from club coaches.

Alan Londesbrough Open Water Manager

Swimming Report

In many ways 2022/23 was one of the best seasons in Kent swimming. The highlight was when the County won the Swim England National County Team Championships in October at Sheffield for the first time ever. Congratulations to all the team who swam, their Coaches led by Dave Court and team managers Marie Atkinson-Brian and Jo Wilson.

The organization of the County Championships was not all plain sailing, but I am very grateful to - and thank - Jean Scott for all her hours of endless work in delivering what was a very fine Championships.

The difficulties which were evident last year in terms of facilities remain - in particular, the unavailability of Crystal Palace for at least for another 4/5 years. The County scoured large tracts of the Country for appropriate venues and, whilst we were able to secure K2 at Crawley for two evening sessions for the Long Distance events, we were unable to find any suitable facilities other than the LAC. Fortunately, Jean was able to secure two weekends at LAC at which we able to run the remainder of the programme.

For the 2024 Championships a similar situation exists so we will be continuing with two evening sessions at Crawley and the remainder of the Championships over two weekends at LAC.

The other major issue for the County is the cost of hiring the facilities. In particular, the cost of hiring LAC is exceptionally high. As a result, the County had to subsidise the running of the Championships in 2023 to a significant extent out of its own funds. This is not a situation which can continue so we will have no option but to increase entry fees in line with other Counties, and use other ways of making the Championships as self-sufficient as possible, whether this be by way increased charges or reduction of some costs.

After Alan Davidson stepped down after the 2022 Championships, Jean Scott offered to promote the Championships in 2023 but as she made it clear at the outset this would only be a temporary fix. We are most grateful to her for stepping into the breach and as stated above delivered a very good Championships aided by a myriad of helpers.

As time passes, the number of volunteers prepared to help with the Championships seems reduce inexorably. We are very grateful to those who have stepped forward, but we still need a lot more support from the County. As stated in last year's report, the days of one person being able to run the Championships with a few helpers are gone. The aim remains to create an Events Team thus spreading the load and allowing those who are reaching their twilight years (the writer included) to step out gracefully. So,

if anyone is interested in lending a hand in any way do have a word with one of the Committee members after the ACM or email me at any other time.

The quality of competitive swimming in the County remains exceptional, resulting in some of the most difficult county qualifying times in the country. This is a testament to the work of all the county's swimmers and coaches.

The two-day Development Meet was once more a great success. I ended up promoting this and am very grateful to those who helped out at Gillingham – in particular Lynn Gates who took care of all the technical aspects before during and after the event. The Meet has been slightly revised for 2023 but remains in its usual timeslot towards the end of October.

The Swim England Talent Pathway comprised two face-to-, face camps in October and June and a virtual Camp in April. Places were offered to 48 11-Year-Old swimmers. Yet again Swim England have revised the Camp criteria so that age group for 2023/24 will now be 12 years old at the end of the year.

Thanks go to Keiron Piper who acted as Head Coach for the 11-Year-Old Pathway for 2022/23. He has now moved to Millfield and we have appointed Karen Bradbury of RTW Monson as our new lead coach.

I would again like to put on record my thanks to Marie Atkinson-Brian who has acted as our Lead Team Manager for several years and has taken on a lot of the organising responsibilities/work.

At International level, Josh Inglis of Bromley was selected for the GB Team at the European Youth Olympics in Maribor. Not only that but Josh took gold in the 100m Breaststroke. Eva Okaro of Sevenoaks was selected for the GB Youth Team in Toronto in December 2022. Eva was also selected along with Fern Sneddon of RTW Monson for the England Youth Team in Sweden in March 2023. Finally, Timothy Leberl of Beckenham swam for Mauritius in the World Championships held in Japan this year.

Congratulations to those clubs that reached the National Arena League finals in Marsh 2022: Bromley finishing 7th in the A Final, and Sevenoaks and RTW Monson finishing 5th and 7th respectively in the B Final. The fact that three of our clubs made the finals - more than any other county - demonstrates the breadth of the competition across our county.

Finally, I am grateful to all my colleagues on the Swimming Committee for their support and assistance, and to the many people who helped in many ways to run the County Swimming events in the past year.

John Handley Swimming Manager

Swimming Technical Officials Report

During the year, Clubs started to run more galas, despite the lack of pools available for licensed meets. Officials have been able to support these, including a Level 2 Gala at Dover for the East Invicta clubs.

The Kent Championships were well-supported, and the feedback suggests that the Kent Officials performed at their usual high standard – including a quick-thinking lifesaving episode at the London Aquatic Centre!

It has been another successful year for new Kent Referees, with Lee Mullins, Jo Arundell, Jennie Londesbrough and Keith Roshier all successfully completing their classroom and poolside exams.

The J2 and J2S courses at Medway Park have been well supported with over 30 new J2 candidates, including a majority of new on-line qualified J1 officials. These courses have been welcomed by these new Officials as their first opportunity to ask questions and learn from everyone's poolside experiences.

There is still a lack of information regarding new J1 Trainees and newly qualified J1 Officials being passed down via Counties from Swim England and British Swimming. Luckily, many Clubs are now telling their members to contact me so we can put their details on the Kent Officials website. Poolside comments have expressed concerns from Referees that new Officials do not have anywhere near the poolside experience that was necessary before the J1 went online and poolside assessments were ceased.

At the end of 2022, FINA changed its name to World Aquatics and published their Rules Update for 2023. British Swimming adopted these rules on March 1st and all Licenced Officials were expected to attend a rule update CPD. This was arranged by John Burdett for Kent Officials as a series of Zoom meetings with the first being held at the end of March.

Last year I said I would be stepping down at the end of 2022, but with the new rule changes I have continued to see these through. At the time of writing, I am pleased to announce that Matt Huille will be taking on the role of County Coordinator for the London Region (Kent London) Clubs, but we are still looking for the South East Region (Kent Rural) Clubs coordinator. They will have my continuing support to take Kent Officials into the future.

Malcolm Keysell Kent Officials Manager

Water Polo

After another busy year for Kent Water Polo. I am pleased to inform the wider community of the Kent Water Polo tournament winners:

Kent Senior League Shepway A
Ladies Cup Faversham
Spud Murphy (under 16s) Beckenham

Sean King Shield (under 14) Beckenham Breams

Kent Festival (under 12) Hythe A
Kent Festival (under 14) Beckenham
Kent Festival (under 16) Hythe

This is my last Kent Water Polo Report as the Kent Water Polo Manager. However, I am pleased to say that a team of new volunteers has come forward and will take the sport further.

I would like to thank the support I have received from the Water Polo and the Swimming community over the past eight years. I wish the new volunteer team the very best success and I look forward to seeing and supporting their new ideas for the sport.

Ben McDonald Water Polo Manager

Diving

We have been without a Diving Manager and therefore run no championships or other County competitions since pre-pandemic days. We would very much like to be an active diving county, and for this, we need those already involved in the discipline to help drive it forward at county level and above.

Para Swimming

We have had a similar situation in relation to Para Swimming. Currently, it is also run to a lesser degree by the Swimming Committee, but we are hoping to recruit a dedicated parent or other volunteer in the County to push Disability/Para Swimming to the place it deserves to be.

London Region Annual Report for Kent London Clubs

SwimMark and Club Affiliation: Swim England London now has 48 SwimMark accredited clubs, six of which are in Kent London.

Club	SwimMark	Expires	SwimMark Health Check
Beckenham	30/04/2025	30/04/2024	n/a
Bexley	30/04/2025	30/04/2024	n/a
Bexley Masters	n/a	01/01/2024	01/01/2024
Bromley	01/07/2025	01/07/2024	n/a
Chislehurst Millennium	n/a	01/01/2024	01/01/2024
Crystal Palace Dive Club	n/a	n/a	01/01/2024
Eltham Stingrays	n/a	n/a	01/01/2024
Erith and District	Completed	n/a	n/a
Greenwich Royals	30/04/2024	n/a	n/a
Lewisham Water Polo	n/a	n/a	01/01/2024
Orpington Ojays	30/04/2025	30/04/2024	n/a
Saxon Crown	31/01/2024	n/a	n/a
Sharks of Mottingham	n/a	n/a	01/01/2024
Turtles of South London	n/a	n/a	01/01/2024

Summer Long Courses Regional Championships- K2 and LAC: Below is the position the Kent clubs achieved at this year's Summer Championships, which were held 22/23 April at K2 in Crawley and 29 April- 1 May at the London Aquatics Centre:

Bromley 3rd, Beckenham 7th, Greenwich Royal 8th, Bexley 24th, Orpington Ojays 25th Erith and District 36th

Coaching Forum: Kent still has an active presence on the Regional Coaches' Forum, With Both Tony Beckley and Kim Longland attending these meetings.

Regional Water Polo Academy: The Regional Water Polo Academy changed this year to accommodate the new National Talent Centre in London. Both Lewisham Water Polo club and Beckenham Water Polo Club have representatives in the Swim England Talent Centres.

The Region still ran a regional academy but only twice a month, not a weekly as previously in 2022. Also, we had teams in the under 18, 16, 14's inter-regional tournament.

The players below were selected for the Inter Regional Teams in 2023. The under-14 team will be selected at the end of September 2023. Marcus Brown has been selected as assistant coach for the under-16 girls team.

Callum Beeney, Harri Kokkini, Zac Shaw, Izzy Traynier, Issy Rayes, Eva Sofia Veraas Brown, Daphne Maltezou, Peter Ash, Jack Hodges, Oliver Stephenson, Oliver Brown, Alex Middleton, Jakab Varga, Lily Evans

Regional 12-year-old Development Camp: The following swimmer were selected for the Regional 12-year-old development camp which had two face-to-face sessions at Harrow School and one Zoom meeting.

Josephine Lawn, Thomas Love, Ben Negus, Jago Daley-Allison, Katie Xie, Henry Shepherd

Coach Development - Inspire Programme: The Region - along with Swim England - continues to run the coach mentoring programme. Kim Longland is the coach mentor for the region and Joe Gastor from Orpington Ojays has been part of this programme for 2023.

Volunteer Training: The London Region continued to run Team Manager and Time to Listen Training for the members of the region, running seven Team Manager 1/2 workshops training over 70 volunteers, and two Time to Listen workshops upskilling over 20 Club Welfare Officers.

James Warrener Regional Aquatics Development Officer for London

South East Region Annual Report for Kent Rural Clubs

Team manager workshops: The Region continues to run both Team Manager 1/2 workshops online. In the period dating from April 2022 to March 2023, 25 members from Kent Clubs have completed the course, with a further 30 attending between April 2023 and now. Nine members across Kent have completed their Level 2 Team Manager training. With the new ratios coming in to play, there has been heavy demand for courses, with the Region significantly increasing the number of places available.

Young Volunteering programme 2023: The South East Volunteer Programme (that started in November 2022) has nine members from Kent currently signed up, four of whom are actively volunteering, with one reaching the silver award, two reaching bronze and the fourth close to achieving their bronze award.

The Region is currently looking at a new programme that we aim to start in January 2024, and if clubs would like to express their interest in the new course, they can do so by contacting me on kate.hutchinson@southeastswimming.org.

Swim Mark update: The following 19 Kent rural clubs have maintained their SwimMark accreditation over the last 12 months:

Beachfield Swimming Squad
Bexley Water Polo Club (Swanley)

Black Lion SC Dartford District SC Faversham SC

Gravesend & Northfleet SC

Herne Bay L&SC Invicta WPC Maidstone SC Medway Artistic Swimming Club Medway Maritime Swimming Club

Ramsgate SC

Royal Tunbridge Wells Monson SC

Sevenoaks SC

Sittingbourne & Milton SC

Thanet Swim Club Tonbridge SC

Tunbridge Wells Diving Club

Club affiliation update: The following clubs have maintained their affiliation status over the last 12 plus details the month they are due for their annual renewal:

October 2023 Hythe Aqua SC, Kent Weald Swim Squad, White Cliffs SC

January 2024 Ashford School, Ashford Town SC, Deal Tri Masters Swim Club, Dover Lifeguard

Swimming Club, East Invicta eXcel, Edenbridge Piranhas SC, Folkestone SC,

Highgate DC (Kent), Larkfield SC, RTW MASTERS SC, White Oak SC

April 2024 Aquaoaks Artistic Swimming Club (Sevenoaks), City of Canterbury SC,

Kingsnorth SC (Ashford), Sheerness SC

July 2024 Broadstairs Lifeguard & SC, Shepway SC

Para Swimming: There were three training days planned (April, July and October), but the one at the end of the year was cancelled due to low numbers unfortunately. My understanding is that no Kent swimmers attended these. In terms of Para Competitions, swimmers were invited to attend the Para Development meet held in the SW on 25 September 2022.

Funding/Bursaries applications: Kent Clubs can apply for funding through the Active Kent and Medway bursary scheme which provides funding for coach/official development. Please follow this link to find the contact details for applications https://kent.sportsuite.co.uk/funding/416

I remind all Kent Rural clubs that the South East Region continue to offer a range of Bursaries for coaching courses and safeguarding workshops. Further information can be found on our website. https://www.southeastswimming.org/clubs/grants-and-bursaries/

Regional Open Water Camp 2022: The following Kent swimmers were selected to participate in a one-day Regional open water camp in June 2022, consisting of a morning pool session covering open water skills and an afternoon lake session:

Rosie Pope (Thanet), Olivia Norley, Rohan Bissett, Abigail Smiley, Emilia Oliver, Aran Bissett, Max El-Mokadem, Hayden Annan and Tom Hawkins (RTW Monson).

For the 2022/2023 season we have been asked to deliver a distance programme incorporating an open water and pool day training programme. The first of the sessions took place in June 2023 in the open water, the pool training day will be taking place in September 2023.

Regional Development Programme 2022/2023: The Region delivered the Development Programme for 12-year-olds supported by the Swim England talent team. This included two face-to-face camps incorporating land based workshops. No coaches from Kent applied to work on the programme this time. Selected athletes from Kent included;

Harriet Griffiths, Isabella Jones, Lowri Williams, Olivia Norley (RTW Monson), Ruby Hall (White Oak), Charlie Cocks, William West (Thanet), Lanre Dada (Maidstone), Harvey Kershaw (Black Lion)

Regional Off Shore Camp 2023: The Regional winter champs 2022 was again the selection event for the 2023 Regional off-shore camp. A team of 26 swimmers were selected to travel to Luxembourg to compete for the Region in the Euro Meet in January. The team did themselves proud with many making A and B finals throughout the weekend, achieving best times and gaining huge experience along the way.

Adam Naylor (RTW Monson) was selected to be the Assistant Head Coach on the camp. Selected Kent swimmers included:

Aaliyah Richards, Albert Branch, Eva Okaro, Matt Burrows (Sevenoaks), Aran Bissett (RTW Monson), Caitlin Ebbage (Tonbridge) and Olive Pope (Thanet).

Regional Coaches' Forum: The Region continues to facilitate a coaches' forum. Meetings take place online every other month. Kent has had two representatives this season: Peter Withey (Tonbridge) and Jordan Honour (Thanet).

Coach Mentoring: Swim England and the Region continued to jointly fund a coach mentoring programme in the 2022/2023 season. Claire White (Maidstone) and Matt Paget (Sevenoaks) are two of the eight coaches in the Region being supported by a mentor.

Kate Hutchinson Regional Club Development Officer – South East

Agenda Item 10: Presentation of Awards

Keighley Memorial Trophies (Swimming Championship Points Winners 2023)

Ladies/Girls: Bromley SC Men/Boys: Bromley SC

Kent Schools Swimming Association Trophies (Runners-up 2023)

Ladies/Girls: RTW Monson SC Men/Boys: RTW Monson SC

John and Pat Carrie Trophies (3rd Place) 2023

Ladies/Girls: Maidstone SC Men/Boys: Beckenham SC

KASA Swimming Championship Most Improved Club Trophy 2023

Ladies/Girls: Gravesend & Northfleet SC

Men/Boys: Saxon Crown SC **Keighley/Mayes Trophy 2023**

TBA

Lionel Parker Memorial Trophy for Senior Swimmer of the Year 2023

Josh Inglis (Bromley SC)

Junior Swimmer of the Year 2023
Amalie Smith (Tonbridge SC)
Artistic Swimmer of the Year 2022
Evelyn Fournasier (Aquaoaks ASC)

Artistic Swimming Progression Trophy 2023

Erin Beard (Aquaoaks ASC)

Upton Ladies Masters Swimmer of the Year

Trophy 2022

Jennifer Vick (Erith & District SC)

Robinson Mens Masters Swimmer of the Year Trophy 2022

Mariusz Barcikowski (Medway Maritime SC)

John & Pat Carrie Masters' Swimming Club Points

Trophy 2023

KCASA Open Water Swimmer of the Year 2023

Grace Cummings (Thanet SC)

KCASA Junior Open Water Swimmer of the Year 2023

2023

Abigail Smiley (RTW Monson SC)

KCASA Open Water Team of the Year 2023

Beckenham SC

KCASA Para Swimmer of the Year
Callie Ann Warrington (Tonbridge SC)
KCASA Junior Para Swimmer of the Year

Iona Winnifrith (Tonbridge SC)

KCASA Para Swimming Team of the Year

Tonbridge SC

Bill Dickie Water Polo Player of the Year Trophy

2022

Jack Waller (Bexley WPC)

KCASA Junior Water Polo Player of the Year

Trophy 2022

Lily Evans (Beckenham SC)

Edward G Maples Memorial Trophy 2023

Pam King (Invicta WPC)
President's Cup 2022

Kent Inter-County Swim Team