



Annual Report 2018/19

The Management Committee of the Kent County ASA has pleasure in presenting its Annual Report for 2018/19:



I have thoroughly enjoyed my year as President of the Kent County Swimming Association for 2018/19; it was in fact somewhat of a surprise and very much an honour to become President.

My earliest involvement with swimming was through my lessons at the old Monson baths in the centre of Tunbridge Wells. I don't think I enjoyed them terribly; all I can remember is being ordered around by a Sergeant Major type, being dragged along on a long rope and swallowing a lot of water. Anyway I managed to do a rudimentary breaststroke and there it may have stayed had not my wife, Hilary, been a very keen swimmer and encouraged the children to swim

from an early age – in fact, as soon as they had their first jabs we were in the shallow pool at Ladywell Baths in Lewisham.

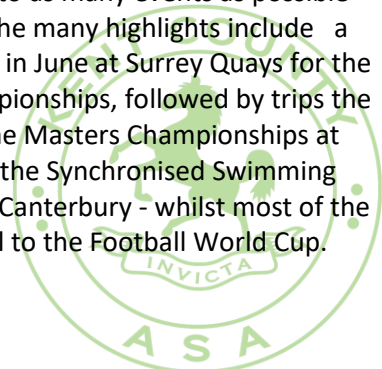
Eventually they joined Greenwich Borough Mariners (forerunners of Greenwich Royals) and in less than six months I was on the Committee and took on a number of roles, being known for instant recall of PBs for just about every swimmer. Subsequently, we joined Beckenham where I was chairman for a couple of years in the early part of the current decade and President during their 125th anniversary celebration last year.

My involvement with Kent County swimming started in about 2007 when I qualified as an official. After this, I officiated regularly at numerous County Swimming events and was selected as one of the Kent London area representatives on the Management Committee in 2012. After that, I took on the role of Medals Secretary; more recently I became Swimming Manager and amongst other things implemented from scratch the 11-Year-Old Development Pathway, and organised the Kent team for the National County Team Championships.

I have hugely enjoyed the time I have been involved in swimming particularly in Kent and have been lucky enough to see one of my children reach Nationals and swim in a number of Arena League finals and the other coach three age group National champions. So, swimming is a family affair.



I have tried to get to as many events as possible during the year. The many highlights include a beautiful Saturday in June at Surrey Quays for the Open Water championships, followed by trips the following day to the Masters Championships at Medway Park and the Synchronised Swimming Championships at Canterbury - whilst most of the World was in thrall to the Football World Cup.



Later in the Summer, I attended the Masters Inter County team at Haslemere in what was literally a poolside seat. I thoroughly enjoyed the Medway Mermaids Synchronised Swimming Christmas show and in the Spring I was in Tunbridge Wells for the Masters match against Sussex – my predecessor distinguishing himself with a series of Butterfly swims!



The Swimming championships were a tour de force as ever, but the swimming highlight was once again the National County Team Championships where Kent achieved a magnificent fifth position with a points score bettered only once before.

Finally, I would like to take this

opportunity to thank all the many volunteers in the County without whom none of our events could run so smoothly. I very much hope that my successor, Malcolm Keysell, will have an equally enjoyable year.



John Handley
President KCASA

Development Report

The current KCASA Five-Year Development Plan began in 2017 and, following a meeting of the Development Committee in March this year, a two-year review is currently under way with the first draft due on 1 September.

Whilst reviewing the previous two years, it was encouraging to see significant progress in all disciplines from March 2018 to March 2019 in line with their development plan objectives – see their own discipline reports to read about their achievements.

Another piece of good news is that a Disability/Para Swimming Committee was set up in March under the leadership of Steve Hunter and includes Ross Hunter, Mrs Sneddon, Marie Atkinson-Brian and Ellie Purvis with a view to identifying a seamless pathway for our disability/para swimmers as well as linking up with other organisations in the County such as Kent Sport.

The Kent Development Camp March 2019 was led by lead coach Richard Skirving and deputy lead coach Yollie Speare and was a huge success with much positive parental feedback.

Suitable courses have been made available in the county covering: teaching, coaching, Safeguarding and Protecting Children, Time to Listen, and team managing, as well as land training and strength/conditioning with a good range of dates, times and venues. This is mainly thanks to Swim England South East and London Region's support for volunteers around the county. Any Kent London club wanting a specific workshop or coach training opportunity can contact James Warrener at London Swimming (rdo@londonswimming.org) or Helen Mack at Swim England South East (helen.mack@southeastswimming.org) for Kent Rural clubs. Also, both regions offer bursaries and it is always a good idea to check out the regions' offers before attending a course or workshop.

The one big disappointment of the year is that there are no developments to report on procuring a 50m pool within the county. More worrying still is the possible loss of deep-water synchro and water polo facilities at White Oak Pool in Swanley.

John King
Development Coordinator

Diving Report

Last year's KCASA Novice Skills Championships had been very successful and it was good news that the County was able to award two long-standing novice diving trophies which had not be used for a while. Unfortunately, there has now been a rule change which has had a negative impact on this popular competition.

Previously, competition had doubled as a qualifying standard competition for England National Diving Skills, drawing large numbers of clubs and entries from the Midlands and South and was very successful. Many children went on the win NSF medals and/or achieve excellent placings.

At the end of last year, the England Diving Committee amended the qualifying conditions. Now divers can only qualify for the National Skill at a Regional event which means that clubs outside of Kent will no longer have a reason to enter the competition, and the lack of competition and predicted low numbers does present a problem.

However, having revived a KCASA Diving Championship we will be looking at ways to run the competition effectively and it might be possible to set up a similar event later in the year.

We are also working to identify all the pools in Kent that have diving facilities and those with a diving programme, with a view to developing diving in the County.

Chris Snode
Diving Manager

Masters Report

2018/9 was another good year of growth for Kent Masters. We had more competitors in our County Championships, more competitions, and our best results at a National and Regional level. This included British Records, European, British and Swim England Gold, Silver and Bronze medals.

The Kent Masters Championships have been expanded to now include all events from 50m to 1500m including relays, helping Kent's swimmers achieve national qualifying times as well as their personal goals.

Our social media platform took off in 2019, greatly improving communications, and results - please read our newsletter and catch up with our Facebook page and twitter feed, both of which can be accessed via the Masters section on the website.

We continue to build our offering:

- development events at the LAC for swimmers who want to improve.
- a trial 'beacon' training event, where the host club offers space to swimmers of other local clubs
- a further trial of Young Masters now running at BLSC and TSC clubs

Our Kent v Sussex event is now a major one in our calendar - and for Kent's swimmers. Two teams are selected by each county. Kent's 'Green' Team included the fastest Masters in the County, and the White team was a development team for both competitive swimmers and those who wanted to experience top level performances. This innovative event has received recognition at a National level!

At a National level Kent's Masters have achieved:

- 3 European Medals for Lauren Wilcox (Saxon Crown)
- 2 British records for Brian Hunt (RTW Masters) and John Tennant (Saxon Crown)
- 70 National Medals (Gold/Silver/Bronze) which is 30% up compared with the previous year
- 184 Kent records set in 2018
- 32 EBP performances and 10 team EBP in the Kent Masters Championships in 2018
- 10th Place in the Swim England National Inter County Competition

One thing that we do need to work on during this current year is to gain an understanding of what Kent's clubs have to offer Masters across the county, and engage with those that are perhaps not as proactive as they could with a view to improving the overall experience for Masters. And as a technical committee we are always looking for new volunteers especially a fourth Masters Area Manager to represent Masters in Kent London clubs along with those from West Kent, East Invicta and Medway clubs.

Glen Isaacs
Masters Manager

Open Water Swimming Report

The Open Water Committee remains small but has achieved its key goals. Additional members were sought through an email campaign (prior to GDPR) and there was just one additional expression of interest.

We held the 2018 Kent Open Water Championships in conjunction with the London Region at the end of June with the Kent Open Water Manager taking on the role of the Event Entries Manager.

We had nine clubs with 55 swimmers participating – 17% more swimmers than 2017 (2017: 10/47 and 2016: 11/44).

The County's participation at Regional Championships (Kent and London) comprised 11 clubs and 73 swimmers – 28% more than in 2017 (2017: 11/57 and 2016: 11/56). And the county's participation at the National Championships included two clubs and 12 swimmers from Beckenham (4) and Thanet (8) together with one Masters swimmer from Sevenoaks.

The national qualifying was lower than previous years (2017: 9/16 and 2016: 8/21). Whilst participation overall is increasing across the county, the number of Kent swimmers qualifying for Nationals has reduced, primarily due to bigger non-Kent clubs within the London and SE Region (such as Wycombe and Oxford) now more actively involved in open water and taking a significant number of podium – and thus National qualifying - places at the Regional Championships.

However, and despite the greater competition, there were some excellent performances from Kent Open Water swimmers in the Swim England national event notably from Maisie Macartney (Thanet SC) who finished in first place in her 17-18 years 5K race and Tiegan Child (Beckenham) in silver-medal position in her 15 years one.

We held an Open Development Session on Saturday 2 June in partnership with a local OW training provider. Approximately 15 swimmers participated which was much better than in 2017 and was a direct result of better promotion via the Kent Swimming Championships programme, on the KCASA website and Twitter.

The Development Plan for Open Water has been prepared and was reviewed and simplified at the beginning of this year. Connections with the London Region Open Water team are proving informative and will be nurtured. There remains a need to increase the number of trained Open Water officials and coaches within the county. The good news is that Swim England have just launched a new Level 2 Coaching Open Water qualification designed to provide learners with the

specialist knowledge need to deliver open water swimming sessions, whether working with elite swimmers, beginners or anything in between.

Over the last nine years, swimmers from 22 clubs from all around Kent have entered the Swim England County, Regional and National Championships. 2018 saw the county participate in 85 races - our largest ever number to date (2017 = 73, 2016 = 77 and 2015 = 39).

Open Water swimming is currently the fastest growing area of swimming, and a brilliant area to achieve success. We have great potential but, without support from parents, volunteers and clubs, it is unlikely that we will maintain this growth.

Karen Crabtree
Open Water Manager

Synchronised Swimming Report

Synchronised Swimming has entered quite a period of change in relation to the National calendar, with most competitions moving to the Spring period of the year.

All clubs appear to be progressing well within their own development plans, and the Synchro Committee are in regular contact via email to discuss new developments.

We held a County-based training camp in September 2018, with over 30 athletes taking part. Coaching was provided by England coach and ex-swimmer Rhiannon Williams and GB Judge Erica Moo, along with other coaches from the Kent clubs. Guest Coaches included Dr Lucinda Howland and James Perry from Canterbury Christchurch University SportsLab. Swimmers took part in Strength and Conditioning, nutrition workshops, and transitional/positional pool-based activities.

Several swimmers have qualified to Beacon Training Programmes as part of the England Talent ID programmes: Jessica Hinxman (EDSC), Amy Bondzio (Hythe Aqua) and Eleanor Cameron Brookbank (Hythe Aqua) qualified for the South East Regional Development Squad. Several EDSC swimmers compete as part of the London Regional Squad, competing at National Age Groups and National Championships level.

An additional training camp is planned for the Autumn/Winter period, and there will be a Level 1 Coaching Course in July at Hythe/Folkestone and August at Cobham Hall.

Erica Moo (Hythe Aqua) has been selected to judge as a candidate for LEN at the Junior European Championships in Prague in June 2019, following qualification as a FINA G judge last year.

Erica Moo
Synchronised Swimming Manager

Swimming Report

2018/19 has been another very successful year for Kent swimming.

The County Championships continue to be highly successful under the guidance of Alan Davidson and his team, and we have continued the Championships as Long Course events at Crystal Palace and the London Aquatics Centre (LAC).

We faced up to the challenges caused through additional long-distance events and the possibility of the LAC being unavailable. At a very late stage, we were informed that the first weekend of the Championships was, in fact, available at the LAC. This meant there was some change to the timing of the programme with the Sprint events brought to the start of the programme rather than acting as a climax to the Championships. We know that the programme was not ideal, and the aim will be to get the Sprint events back on the last weekend in 2020. There was also a consensus that the Championships were becoming too long (and consequently increasingly expensive for parents) and,

as we will now have two weekends at LAC with its increased swimming capacity, we will be going back to three weekends of swimming rather than four.

The quality of competitive swimming in the county remains exceptional, resulting in some of the most difficult county qualifying times in the country. This is a testament to the work of all the county's swimmers and coaches. Hopefully, the evolution of the Development Meet will give additional opportunities to those who miss out on the main Championships, despite achieving consideration times

In the National Team Championships, we achieved our second highest points score ever - finishing fifth overall. This meant we were the top County from our two Regions, and only behind winners Yorkshire, half of Scotland and two Counties who have major 'swimming academies' and are able to attract swimmers from all over the country as well as from abroad. We were very grateful to Michael Cook of Erith and District SC, who stepped in at a late stage to act as Head Coach, and the assistant coaches, team managers and officials who volunteered their time to help the swimmers to achieve so much at these events. Thank you all.

The two-day Development Meet was, once more, a great success. Again, Alan Davidson was at the heart of this along with the County's Development Co-ordinator John King. The one-day Development Camp offered to the 30 most successful swimmers at the Development Meet was also a great success.

As part of the Swim England Talent Pathway, the county delivered three development camps for swimmers aged 11 at the end of each year. Many thanks go to Kim Longland who acted as Head Coach for the first two years of the Pathway and, without whose enthusiasm for the project, its setting up and initial progress would not have been so stress free.

As the Pathway is intended to provide opportunities for coaches as well as swimmers, we agreed at the outset that we would rotate the Head Coach role every two years and so Martin Jurco of Black Lion SC has now taken on the role.

The programme comprises three camps, held at venues across the County in April, July and October, and went down very well with both swimmers and parents. The camps are also intended as tools for workforce development and offers opportunities to coaches and team managers to work in a camp environment.

Going forward we are working on the feasibility of running a development camp for the fastest 12-year-old swimmers in the County who are not selected for a Regional programme – on average there are usually no more than six swimmers selected for Regional programmes so there is a clear gap.

At a National level, the last year saw Jemimah Berkeley, Anna Leman (both RTW Monson), Maisie Macartney (Thanet) and Tamryn van Selm (Bromley) all winning one or more National Age Group Championships.

Well done to all those swimmers who achieved international recognition in the pool over the period including: Tamryn van Selm and Evelyn Davis (also Bromley) who have both been selected for the European Junior Championships and Billy Birchmore (Orpington Ojays), as well as to those clubs who reached the Arena League Finals Day (Bromley (2nd in the B Final) , Sevenoaks (6th) and Thanet (7th) all for the second year running. Yet again, Kent had more Clubs at the Finals Day than any other County!

Finally, I am grateful to all my colleagues on the Swimming Committee for their support and assistance and to all those many people who helped in their many ways to run the County Swimming events in the past year.

John Handley
Swimming Manager

Water Polo Report

The past 12 months have been extremely busy. We have applied for and received five different grants and have seen an increase in the number of volunteers at club level. Also, the Kent Water Polo Network won the national Swim England Network of the Year Award 2018, testament to the dedication of to the whole team that run Kent water polo, local clubs and the wider support team at Kent Swimming and the Swim South East team.

Kent Water Polo has continued to develop and grow. The annual Kent census shows we have seen 27% increase in participation and a 61% increase in volunteers at club level. This is a tremendous demonstration of the hard work that the local clubs are doing, and we are now developing a plan to increase volunteers at county events which are at risk due to lack of volunteers.

We have continued to develop and publish the monthly electronic newsletter which is full of great club and county successes and has over 170 subscribers. We have also launched our Instagram page to engage with more people across Kent and hopefully continue to grow participation

Further progress has been made in athlete development and the athlete pathway. An example of progress is that Kent dates are now less likely to clash with regional water polo events with both organisations now are working together. This has formed stronger links with Swim Southeast training and allowed good practice to be shared and, as a result of the success of water polo development in Kent, we are now seeing more club players attending regional training therefore seeing the level of water polo in Kent improving.

This year's achievement by Invicta stands out as being astonishing. They have had their best season ever by being BWPL runners up. That's second in the whole country and will therefore give them entry into the EU Nations Club competition this year in September being held in Prague.

This year has also seen many great achievements for both individuals and teams, some are included below:

Players

- Archie Pearson - England U17 EU Nations Boys squad to play at the EU Nations in Brno
- Ben Young - England U17 EU Nations Boys squad to play at the EU Nations in Brno
- Callum Bailey – playing for Scotland
- Other players have represented London Region and South East Region teams at regional competitions at their respective age groups.

Clubs

- Hythe Aqua under 16 London League Division 3 Champions
- Sevenoaks Water Polo players - Charlie Exall and Mark Freed are the Guinness World record holders for most consecutive passes over 7 metres
- Beckenham continues to enter National Age Group competitions
- Bexley WP club is celebrating 50 years and continues to enter the Kent League and London League and grows in size - especially their junior section

We have continued to run County Championships for local clubs and the Kent Festival which this year had 15 teams competing. This shows many clubs have strengths within their junior set up and continue to grow. The Kent teams have continued to perform well at inter-county tournaments despite the limited resources available to them compared to other counties.

The Kent Water Polo Network has once again met twice a year face-to-face as well as several times on-line. With this continued approach, water polo has become stronger and more stable, something that was recognised by the Network of the Year Award.

We have once again run the Young Volunteers course linked into water polo with a further 15 young people attending, pushing up the total to 31 over the last two years, and we have seen an increase in parents volunteering if their son/daughter has completed the programme. Big thanks go to Swim South East for their support on this project.

We have once again looked outwards and investigated other means of funding and were successful on five occasions over the past 12 months:

- Sports England (small grant) - £3,100 to purchase electronic timing equipment and a portable PA system and train volunteers to use the equipment
- Mini polo CPD - £998 - 15 swimming teachers took part in a CPD run by the Institute of Swimming to up-skill and run mini polo sessions at their local swim school
- Tunbridge Wells Sports Centre grant from Swimathon - £1,775 - they have now launched their own mini polo session as part of their swim school and regularly have a waiting list to join
- Sevenoaks Swimming Club grant – £426 - this has seen SSC work closer with schools to increase numbers and increase available pool time
- Swim South East - the annual network grant (£1,000) which has been spent on the running costs of the Network and subsidising Kent Development sessions.

The workforce at Kent water polo clubs has stabilised and for the first time has seen 61% increase in volunteers compared to this time last year. However, the Kent water polo infrastructure still remains fragile with volunteer numbers and commitment still not as high as we would like, and in relation to qualified volunteers, in many cases they are doing jobs but not qualified to the required standard.

Overall, we are in a better place compared to 12 months ago and the next 12 will remain busy and develop the following:

- Create and develop a Referee program that is attractive and achievable
- Run a Level 1 Coaching course - we have already established there is the demand and, final details about location and times and being finalized
- Review the Kent Water Polo calendar to ensure minimum clashes and maximum participation along with the additional events for Under 12 (mini polo) and some form of a Kent League for Ladies

In conclusion, it has been a very busy 12 months with £7,299 of external money being invested into Kent Water Polo – an unprecedented level of income. It has been a very successful year for growth of the sport generally, and I hope participation will continue to increase in the coming year as we develop stronger links with schools and communities and work in partnerships. Our biggest challenge for the year is now the potential loss of the Swanley pool and the continued rise in the cost of pool time.

Ben McDonald
Water Polo Manager

Swimming Officials Report

During the year, Kent Officials continued to progress through the British Swimming training stages. This has been achieved by the additional time and effort given by the Referees who have volunteered as Course Leaders and run courses in six areas of the County.

The rolling calendar continues to be the successful structure behind these courses. Jane Davies finished delivering her last Medway courses in January, and we thank her for help over the years. This resulted in a short-term setback in continuing Medway courses, but which has now been resolved with the next J1 course starting this month.

During the year in question, Kent reported the following successful assessments to Swim England.

We achieved 57 new Judge 1 Officials, 20 Judge 2, and 10 Judge 2S. Last May, Andre Wessels (RTW Monson) passed his British Swimming Referee exam, and in November was joined by Daniel Price (Erith) and Beverly Choong (Sevenoaks). This brought the number of Kent Referees to an impressive 24. Currently there are four candidates taking exams in May and November.

Future successes depend on the constant encouragement from Clubs to introduce new candidates to training courses. During the year 114 new J1 trainees were recorded with Swim England.

New trainee Officials are entered as J1 Trainees on the Kent Swimming Officials website as soon as they attend the first two J1 classroom sessions – a procedure that Swim England will be adopting for their records from next year. The Officials website continues to be used for inviting Officials for Kent Championships and Development meetings, with a simple yes/no response needed from the Official.

The free provision of Kent polo shirts for everyone officiating at Kent events, and the excellent standard of our Officials, resulted in the Kent Championships being run to standard that everyone should be proud of. This is reflected on the poolside, giving the swimmers and coaches the best possible environment to compete to their best.

With the format of the new J1 on-line course still unknown, and the current J1 courses finishing later this year, the continuing impetus needed by Clubs to encourage new Officials could well suffer in the short term. As existing Officials become less active as their children's swimming activities wind down and finish, the success of Kent Officials has been driven by Clubs encouraging new supporters to undertake British Swimming training courses. We are waiting for details of the new course before being able to formulate a plan to continue this encouragement. As a result, the next twelve months will be a challenging time.

Malcolm Keysell
Swimming Officials Manager

Club Development Report – London Region

Over the last year we have run a number of coaching courses aimed at upskilling the workforce in Kent London:

- Synchronised Swimming: a new pilot of a Level 1 RPL award and a Level 2 Coach course
- Swimming: three Level 1 Assistant Coach and one Level 2 Coach course
- Diving: one Level 1 Assistant Coach and 1 Level 2 Coach course

In addition, two Kent London coaches received bursaries, totalling £527.20.

We have also run a number of Safeguarding and Protecting Children workshops (11) and Time to Listen workshops (2) in the Kent London area with the full cost met by London Swimming.

In 2017 the region paid for a report for its Club and Volunteer Development Project "Think Like a Member" to be produced. From this, it was clear that the main concern was the lack of communication between the region and clubs.

As a result, the region set up a Buddy System for all its clubs and now every club has a buddy which is also a board member. These buddies are not taking over the roles of any of the existing team but are an extra communication stream and you will be pleased to know that Kent County ASA is your dedicated buddy, with the Kent London Swimming Association Secretary acting as the link between the two organisations.

The following Kent London athletes were selected for the London Region Open Water Camp

- Finn Wootten, Annabel Wilson, Scarlett Callaghan (Beckenham)
- Ellen Stepan (Greenwich Royals)

- Benjamin Stroker (Orpington Ojays)

The following Kent London athletes were selected for the Three-day London Region Talent Programme

- Alexander Corver and Samuel Lander (Bromley)
- Katherine Weekly and Teddy Lewis (Saxon Crown)
- Lola Burns, Lilly Derry and Martha King (Beckenham)
- Sam Ryan Orpington Ojays

James Warrener
Discipline Development Officer

Club Development Report – Swim England South East

SwimMark: The South East Region now has 92 SwimMark Essential accredited clubs, 18 of which are in Kent (Rural). Dover Lifeguard SC achieved accreditation during this period. In total 45% of the affiliated Kent Rural clubs are currently accredited (18 out of 40 clubs).

Young Volunteer Programme: The Region once again delivered a Young Volunteer Programme in 2018/2019 with fifteen young people completing the whole programme which involved attend two training days and 10 hours of volunteering with their home club. The courses completed by the young people were: Swim England Aquatic Helper Certificate; British Swimming Timekeeper; Emergency First Aid for Sports Coaches; UK Coaching Safeguarding for Young Volunteers.

The young people participating in the programme were from seven clubs: Tonbridge SC, Maidstone SC, Herne Bay Lifeguard & SC, Aqua Swimming Ltd, City of Canterbury SC, Sittingbourne & Milton SC and Black Lion SC.

Regional 12-year-old Pathway Camps 2018: Thirty-six swimmers were selected to participate in the Regional 12-year-old pathway camps that were held in July, September and December 2018. The seven selected swimmers from Kent were: Liam Hamp (Thanet), Joshua Prendergast (Tonbridge), Emily Brown (Sevenoaks), Eva Okaro (Sevenoaks), Izabella Okaro (Sevenoaks), Amber Piper (Thanet) and Evie Slater (Thanet).

Kent coaches selected as skills coaches for the camps were Peter Withey (Tonbridge), Yollie Speare (Canterbury) and Arthur Lawlor (Thanet)

Regional Off-Shore Camp 2019: In January a team of 25 athletes represented the South East at the Flanders Cup Meet in Antwerp, with selections made from the Regional winter championships. The trip included two days training and a two-day meet. Athletes attending from Kent were: Max Jameson (Thanet), Charley Langford (Thanet), Katie Latham (Thanet), Daisy Anderson (Thanet), Maisie Macartney (Thanet), Anna Leman (RTW Monson), Jemimah Berkeley (RTW Monson) and Caitlin Ebbage (Tonbridge). Dan Cross (Thanet) was selected as head coach for the camp.

South East Region Bursaries: Between 1 April 2018 and 31 March 2019, Kent clubs received £4,623.50 from the regional bursary scheme:

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|--|-----------|
| • 6 x level 1 (Assistant) coaching bursaries | £ 960.00 |
| • 7 x level 2 coaching bursaries (all disciplines) | £3,009.60 |
| • 52 x Safeguarding & Protecting Children Workshop | £ 653.90 |

Club Networks: The existing networks have continued to work together and have maintained SwimMark accreditation. Kent has three networks:

Kent Synchro: They have worked together during the last year putting in place a calendar, organising Kent Championships for Synchro and arranging a grading course. They have regular meetings to discuss synchro within Kent.

Medway Park: They have held regular meetings, and during the last year the network has arranged long course training, an Assistant Coach (Level 1) and Coach (Level 2) course. Some of the network clubs have worked together to run and support each other with meets.

Kent Water Polo: The network won the Swim England Award for Best Network and meet regularly. It's very proactive and produces a very good monthly newsletter. Further details will be in Ben McDonalds report.

Regional Swimming Coaches Forum: It meets five times a year to offer support and direction for the development of swimming across the Region. Kent was represented by Dan Cross (Thanet) and Tony Smith (Canterbury) during this period although he resigned from the group in May 2019.

Coach Development Workshops: 21 coaches from Kent clubs attended the Youth Strength and Conditioning and Nutrition workshops at Ashford School on 1 December. Eleven Kent coaches also attended the Regional Pathway Coaches Conference at Leatherhead Golf Club on 16 March.

Volunteer Training Calendar: The Region continues to produce the volunteer training calendar on a monthly basis, which identifies courses for the coming three months. It includes all volunteer courses, such as Safeguarding and Protecting Children, Team Manager workshops, Time to Listen, etc delivered within the region. Information is collated from all partners, including county sport partnerships, UK Coaching and the Institute of Swimming.

Swim England South East Newsletter: The Region continues to produce the monthly newsletter which is e-mailed out to those who have signed up on the first of each month. If you would like to receive the newsletter, please visit <https://www.southeastswimming.org> and click the 'join newsletter' button.

Time to listen: Five Kent welfare officers attended the TTL workshop on 16 September at Medway Park. The 2019 Kent course is planned for Saturday 7 September at Medway Park.

Safeguarding Workshops: Five Kent Rural clubs (Dover, Faversham, Medway, Sheerness, Thanet) have hosted a safeguarding workshop, often offering places to other clubs, providing safeguarding training to 78 club volunteers, teachers and coaches.

Team Manager Training: During this period, two x Team Manager Module 1 courses have run.

Coach Education Courses: Two Level 2 Coach courses were run during the year, training 22 new coaches. There were three Level 1 Assistant coach courses (one synchro) with 34 learners completing the course. Kent coaches also attended the level 1 Water Polo Assistant coaching course in Petersfield.

Talent Lanes: Kent Clubs are developing Talent Lanes, working with providers to see swimmers move forward from Learn to Swim into the swimming club and helping with growth into the club. There has been some funding from Swim England to support the development of talent lanes. The clubs involved are: Dover Lifeguards, Tonbridge (£750 funding received) and Black Lion (£557.30 received).

Helen Mack
Club Development Officer

Agenda Item 10: Presentation of Awards

Keighley Memorial Trophies (Swimming Championship Points Winners 2019)

Ladies/Girls: Sevenoaks SC

Men/Boys: Sevenoaks SC

Kent Schools Swimming Association Trophies (Runners-up 2019)

Ladies/Girls: Bromley SC

Men/Boys: Bromley SC

John and Pat Carrie Trophies (3rd Place) 2019

Ladies/Girls: Thanet SC

Men/Boys: Thanet SC

KASA Swimming Championship Most Improved Club Trophy 2019

Girls: Sittingbourne & Milton SC

Boys: Greenwich Royals SC

Keighley/Mayes Trophy 2019

TBC

KCASA Para Swimming Club of the Year 2019

Orpington Ojays SC

Lionel Parker Memorial Trophy for Senior Swimmer of the Year 2018

Annabel Guye-Johnson (RTW Monson SC)

Junior Swimmer of the Year 2018

Tamryn van Selm (Bromley SC)

E M Walliss Trophy for Girls Novice Diver of the Year 2019

Not awarded

Pitt Payne Cup for Boys Novice Diver of the Year 2019

Not awarded

John & Pat Carrie Masters' Swimming Club Points Trophy 2018

RTW Masters SC

Upton Ladies Masters Swimmer of the Year Trophy 2018

Lauren Willcox (Saxon Crown SC)

Robinson Mens Masters Swimmer of the Year Trophy 2018

Alan Burrows (Black Lion SC)

KCASA Open Water Team of the Year Trophy 2018

Beckenham SC

KCASA Open Water Swimmer of the Year (Open) Trophy 2018

Maisie Macartney (Thanet SC)

KCASA Open Water Swimmer of the Year (Junior) Trophy 2018

Maisie Macartney (Thanet SC)

Synchronised Swimming Progression Trophy 2018

Lacie Hutton (Medway Mermaids SSC)

Synchronised Swimmer of the year 2018

Not Awarded

Bill Dickie Water Polo Player of the Year Trophy 2018

Callum Bailey (Shepway SC)

KCASA Junior Water Polo Player of the Year Trophy 2018

Ben Young (Beckenham SC)

Edward G Maples Memorial Trophy 2019

Neil Amos (Saxon Crown SC)

President's Cup 2018

Kent Masters Inter-County Teams

Agenda Item 11: Election and induction of the Vice President for 2019: Alan Davidson (City of Canterbury SC)

Agenda Item 12: Election and induction of the President for 2019: Malcolm Keysell (Faversham SC)

Agenda Item 13: Declaration of election of the Management Committee for 2018

Treasurer and Trustee:

Ian Howes (Folkestone Sports Centre SC)

General Secretary:

Shelley Robinson (Sevenoaks SC)

Secretary Kent London SA:

Kay Grimshaw (Bromley SC)

Secretary Kent Rural SA:

Shelley Robinson (Sevenoaks SC)

Elected Representatives: Kent London SA (3)

John Handley (Beckenham SC)

Elected Representatives: Kent Rural SA (5)

Colin Booth (Maidstone SC)

Jean Scott (Beckenham SC and Bexley SC)
Vacancy

Alan Davidson (City of Canterbury)
Ann Hunt (RTW Monson SC)
Barbara Upton (Larkfield SC)
Vacancy

KCASA Annual Dinner



When: Friday 21 June 2019 - Arrival 7.15pm - Dinner at 8pm

Where: The Phoenix Restaurant, Lewisham College, Lewisham Way London SE13 1UT

Tickets: Available at a cost of £38 per person. Tables are made up of 10 places and, if you want to, you can book a table for your club. You will be offered a welcome drink on arrival prior to being seated for a three-course meal, wine and coffee.

Email: You can send a reservation request to Norma Nyaulingo (norma.nyaulingo@kentswimming.com).

Payment: You can then either pay by BACS, using the reference 'Kent Dinner (your name/club name)' so the payment can be traced, to:

- Nat West Bank - Kent County ASA
- Account Number - 77774108
- Sort Code - 60-21-10

Alternatively send your cheque made out to 'Kent County ASA' - email Norma Nyaulingo for address details