

Event	Course	Age Group	Name	Club	Time	Date of Swim	Competition	Venue
50m Freestyle	Long	18-24	Rachel Rickwood	Dartford & District	0:28.67	02/04/2016	British Masters	Sheffield
50m Freestyle	Long	25-29	Margo Koets	Medway Maritime	0:30.16	14/06/2025	British Masters & Seniors Championships	LAC Stratford
50m Freestyle	Long	30-34	Lauren Willcox	Saxon Crown	0:28.39	17/06/2017	British Masters & Seniors Championships	Aberdeen
50m Freestyle	Long	35-39	Fliss Hawkins	Medway Maritime	0:28.15	21/01/2023	SER Masters & Seniors Competition	K2, Crawley
50m Freestyle	Long	40-44	Alison Nye	Erith & District	0:29.74	06/06/1999	GB Masters Championship	Coventry
50m Freestyle	Long	45-49	Louise Brass	Medway Maritime	0:31.65	18/01/2026	SER Long Course Masters	K2, Crawley
50m Freestyle	Long	50-54	Rebecca Stewart	Saxon Crown	0:28.82	17/06/2017	British Masters & seniors Championships	Aberdeen
50m Freestyle	Long	55-59	Rebecca Stewart	Saxon Crown	0:31.46	21/01/2023	SER Masters & Seniors Competition	K2, Crawley
50m Freestyle	Long	60-64	Melanie Evans	Dartford & District	0:35.52	13/05/2017	Norfolk Masters Meet	UEA, Norfolk
50m Freestyle	Long	65-69	Sandra Vincent	Black Lion	0:36.69	14/06/2015	British Masters	Manchester
50m Freestyle	Long	70-74	Shelley Robinson	Sevenoaks	0:44.34	21/01/2024	SSE Masters & Seniors Competition	K2, Crawley
50m Freestyle	Long	75-79	Betty Condon	Bromley	0:45.80	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
50m Freestyle	Long	80-84			1:06.00			
50m Freestyle	Long	85-89			1:26.00			
50m Freestyle	Long	90+			1:44.00			
100m Freestyle	Long	18-24	Sara Parfett	Black Lion	1:01.39	30/01/2010	SER Masters & Seniors Competition	K2, Crawley
100m Freestyle	Long	25-29	Margo Koets	Medway Maritime	1:05.62	18/01/2025	SER Masters & Seniors Competition	K2, Crawley
100m Freestyle	Long	30-34	Lauren Willcox	Saxon Crown	1:00.69	17/06/2017	British Masters & Seniors Championships	Aberdeen
100m Freestyle	Long	35-39	Fliss Hawkins	Medway Maritime	1:02.95	22/01/2023	SER Masters & Seniors Competition	K2, Crawley
100m Freestyle	Long	40-44	Debbie Hart	Greenwich Borough Mariners	1:04.36	07/06/2004	10th FINA World Masters Championship	Riccione, Italy
100m Freestyle	Long	45-49	Della Jenkins	RTW Monson	1:09.71	29/01/2011	SER Masters & Seniors Competition	K2, Crawley
100m Freestyle	Long	50-54	Rebecca Stewart	Saxon Crown	1:04.86	17/06/2017	British Masters & Seniors Championships	Aberdeen
100m Freestyle	Long	55-59	Nicola Mellor	Beckenham	1:09.26	18/01/2026	SER Long Course Masters	K2, Crawley
100m Freestyle	Long	60-64	Jenny Vick	Erith & Dist	1:19.30	21/01/2024	SSE Masters & Seniors Competition	K2, Crawley
100m Freestyle	Long	65-69	Sandra Vincent	Black Lion	1:20.33	13/06/2015	British Masters	Manchester
100m Freestyle	Long	70-74	Shelley Robinson	Sevenoaks	1:46.05	21/02/2024	SSE Masters & Seniors Competition	K2, Crawley
100m Freestyle	Long	75-79			2:14.00			
100m Freestyle	Long	80-84			2:37.00			
100m Freestyle	Long	85-89			3:02.00			
100m Freestyle	Long	90+			3:37.00			
200m Freestyle	Long	18-24	Jasmine Lambert	RTW Monson	2:26.88	20/01/2019	SER Masters & Seniors Competition	K2, Crawley
200m Freestyle	Long	25-29	Cassie Poland	RTW Masters	2:19.46	28/01/2012	SER Masters & Seniors Competition	K2, Crawley
200m Freestyle	Long	30-34	Lauren Willcox	Saxon Crown	2:12.42	10/06/2018	British Masters Championships	Plymouth
200m Freestyle	Long	35-39	Lauren Willcox	Saxon Crown	2:16.18	19/06/2022	British Masters Championships	Aberdeen
200m Freestyle	Long	40-44	Lizzie Price	RTW Masters	2:25.56	20/01/2018	SER Masters & Seniors Competition	K2, Crawley
200m Freestyle	Long	45-49	Rhona Courtier	Larkfield	2:38.42	20/07/2019	Rushmoor Royals Masters	Aldershot Garrison
200m Freestyle	Long	50-54	Rebecca Stewart	Saxon Crown	2:26.96	16/06/2017	British Masters & Seniors Championships	Aberdeen

200m Freestyle	Long	55-59	Nicola Mellor	Beckenham	2:29.88	18/01/2026	SER Long Course Masters	K2, Crawley
200m Freestyle	Long	60-64	Jenny Vick	Erith & Dist	2:54.19	20/01/2024	SSE Masters & Seniors Competition	K2, Crawley
200m Freestyle	Long	65-69	Sandra Vincent	Black Lion	2.59.03	25/07/2015	Rushmoor Royals Masters	Aldershot Garrison
200m Freestyle	Long	70-74	Shelley Robinson	Sevenoaks	3:49.81	20/01/2024	SSE Masters & Seniors Competition	K2, Crawley
200m Freestyle	Long	75-79			5:01.00			
200m Freestyle	Long	80-84			6:04.00			
200m Freestyle	Long	85-89			6:49.00			
200m Freestyle	Long	90+			8:04.00			
400m Freestyle	Long	18-24	Jasmine Lambert	RTW Masters	5:21.60	18/01/2020	SER Masters & Seniors Championships	K2, Crawley
400m Freestyle	Long	25-29	Margo Koets	Medway Maritime	5:05.99	18/01/2025	SER Masters & Seniors Competition	K2, Crawley
400m Freestyle	Long	30-34	Lauren Willcox	Saxon Crown	4:42.30	09/06/2018	British Masters Championships	Plymouth
400m Freestyle	Long	35-39	Helen Grey	Dartford & District	5:20.68	07/06/2004	10th FINA World Masters Championship	Riccione, Italy
400m Freestyle	Long	40-44	Lucy Bessant	Dover Lifeguard	5:08.51	21/01/2023	SER Masters & Seniors Championships	K2, Crawley
400m Freestyle	Long	45-49	Louise Brass	Medway Maritime	5:28.93	14/06/2025	British Masters & Seniors Championships	LAC Stratford
400m Freestyle	Long	50-54	Suzanne Wilding	Erith & District	5:19.06	21/01/2023	SER Masters & Seniors Competition	K2, Crawley
400m Freestyle	Long	55-59	Nicola Mellor	Beckenham	5:11.78	14/06/2026	British Masters & Seniors Championships	Aberdeen
400m Freestyle	Long	60-64	Jenny Vick	Erith & District	6:04.32	20/01/2024	SSE Masters & Seniors Competition	K2, Crawley
400m Freestyle	Long	65-69	Sandra Vincent	Black Lion	6.22.29	14/06/2015	British Masters Championships	Manchester
400m Freestyle	Long	70-74	Barbara Fentiman	Bromley	7:01.91	02/02/2008	SER Masters & Seniors Competition	K2, Crawley
400m Freestyle	Long	75-79			11:08.00			
400m Freestyle	Long	80-84			12:48.00			
400m Freestyle	Long	85-89			14:28.00			
400m Freestyle	Long	90+			16:18.00			
800m Freestyle	Long	18-24	Jasmine Lambert	RTW Masters	11:01.63	19/01/2020	SER Masters & Seniors Championships	K2, Crawley
800m Freestyle	Long	25-29	Claire Sweeney	Bexley	10:30.50	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
800m Freestyle	Long	30-34	Lauren Willcox	Saxon Crown	9:47.19	08/06/2018	British Masters Championships	Plymouth
800m Freestyle	Long	35-39	Kaira Redman	Kent Weald Swim Squad	10:30.13	12/08/2019	FINA World Masters Championships	Nambu University Gwangju
800m Freestyle	Long	40-44	Lucy Bessant	Dover Lifeguard	10:46.96	22/01/2023	SER Masters and Seniors Competition	K2, Crawley
800m Freestyle	Long	45-49	Nicola Bushell	Faversham	10:59.61	15/06/2025	British Masters & Seniors Championships	LAC Stratford
800m Freestyle	Long	50-54	Rebecca Stewart	Saxon Crown	11:03.61	18/06/2017	British Masters & Seniors Championships	Aberdeen
800m Freestyle	Long	55-59	Tracy Anstis	Dover Lifeguard	12:38.31	17/01/2026	SER Long Course Masters	K2, Crawley
800m Freestyle	Long	60-64	Jenny Vick	Erith & Dist	12:42.36	21/01/2024	SSE Masters & Seniors Competition	K2, Crawley
800m Freestyle	Long	65-69	Sandra Vincent	Black Lion	12:59.37	01/04/2016	British Masters Championships	Sheffield
800m Freestyle	Long	70-74	Barbara Fentiman	Bromley	14:26.70	02/02/2008	SER Masters & Seniors Competition	K2, Crawley
800m Freestyle	Long	75-79			23:26.00			
800m Freestyle	Long	80-84			25:16.00			
800m Freestyle	Long	85-89			28:26.00			
800m Freestyle	Long	90+			33:36.00			

1500m Freestyle	Long	18-24			24:00.00			
1500m Freestyle	Long	25-29			25:00.00			
1500m Freestyle	Long	30-34			25:40.00			
1500m Freestyle	Long	35-39	Katherine Stevens	Saxon Crown	22:35.13	10/06/2017	British Masters & Seniors Championships	Aberdeen
1500m Freestyle	Long	40-44	Lucy Bessant	Co Canterbury	20:38.72	13/06/2025	British Masters Championships	LAC Stratford
1500m Freestyle	Long	45-49	Nicola Bushell	Co Canterbury	20:48.26	13/06/2025	British Masters Championships	LAC Stratford
1500m Freestyle	Long	50-54	Tracy Anstis	Dover Lifeguard	22:34.71	19/04/2024	British Seniors & Masters Championships	Swansea
1500m Freestyle	Long	55-59	Tracy Anstis	Dover Lifeguard	23:09.77	13/06/2025	British Masters Championships	LAC Stratford
1500m Freestyle	Long	60-64	Sandra Vincent	Black Lion	24.40.14	13/06/2014	British Masters Championships	Swansea
1500m Freestyle	Long	65-69	Sandra Vincent	Black Lion	25:20.35	05/03/2016	2016 Swim Wales Open Masters	Swansea
1500m Freestyle	Long	70-74	Shelley Robinson	Sevenoaks SC	32:57.49	22/03/2025	SER Masters 1500m Freestyle	K2, Crawley
1500m Freestyle	Long	75-79			47:20.00			
1500m Freestyle	Long	80-84			51:00.00			
1500m Freestyle	Long	85-89			57:20.00			
1500m Freestyle	Long	90+			68:00.00			
50m Butterfly	Long	18-24	Lauren Palmer-Jones	Thanet SC	0:30.23	01/06/2019	Yorkshire Masters Championships	Sheffield
50m Butterfly	Long	25-29	Bethany Collins	RTW Masters	0:33.01	12/06/2026	British Masters & Seniors Championships	Aberdeen
50m Butterfly	Long	30-34	Donna Wickens	Hythe Aqua	0:33.39	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
50m Butterfly	Long	35-39	Fliss Hawkins	Medway Maritime	0:32.17	18/06/2022	British Masters Championships	Aberdeen
50m Butterfly	Long	40-44	Debbie Hart	Greenwich Borough Mariners	0:30.84	26/06/2004	10th FINA World Masters Championship	Riccione, Italy
50m Butterfly	Long	45-49	Della Jenkins	RTW Monson	0:34.12	30/01/2011	SER Masters & Seniors Competition	K2 Crawley
50m Butterfly	Long	50-54	Rebecca Stewart	Saxon Crown	0:33.54	18/06/2017	British Masters & Seniors Championships	Aberdeen
50m Butterfly	Long	55-59	Nicola Mellor	Beckenham	0:34.57	17/01/2026	SER Long Course Masters	K2 Crawley
50m Butterfly	Long	60-64	Jenny Vick	Erith & Dist	0:39.43	21/01/2023	SER Masters & Seniors Competition	K2 Crawley
50m Butterfly	Long	65-69	Sandra Vincent	Black Lion	0:55.08	25/07/2015	Rushmoor Royal Masters Meet	Aldershot Garrison
50m Butterfly	Long	70-74			1:12.00			
50m Butterfly	Long	75-79			1:26.00			
50m Butterfly	Long	80-84			2:21.00			
50m Butterfly	Long	85-89			3:11.00			
50m Butterfly	Long	90+			4:01.40			
100m Butterfly	Long	18-24	Emily Siebrecht	Kent Weald swim Squad	1:07.06	18/01/2020	SER Masters & Seniors Competition	K2, Crawley
100m Butterfly	Long	25-29	Bethany Collins	RTW Masters	1:15.99	13/06/2026	British Masters Championships	Aberdeen
100m Butterfly	Long	30-34	Kaira Redman	Dover Lifeguard	1:14.37	17/08/20171	17th FINA World Masters Championships	Budapest, Hungry
100m Butterfly	Long	35-39	Kaira Redman	Kent Weald swim Squad	1:13.55	15/08/2019	FINA World Masters Championships	Nambu University Gwangju
100m Butterfly	Long	40-44	Debbie Hart	Greenwich Borough Mariners	1:09.30	07/06/2004	10th FINA World Masters Championship	Riccione, Italy
100m Butterfly	Long	45-49	Sharon Ruck	City of Canterbury	1:35.52	02/02/2008	SER Masters & Seniors Competition	K2, Crawley
100m Butterfly	Long	50-54	Tracy Stonehouse	RTW Masters	1:24.12	20/01/2019	SER Masters & Seniors Competition	K2, Crawley

100m Butterfly	Long	55-59	Donna Wickens	Dover Lifeguard	1:31.80	13/06/2025	British Masters Championships	LAC Stratford
100m Butterfly	Long	60-64	Jennifer Vick	Erith & Dist	1:34.12	13/06/2025	British Masters Championships	LAC Stratford
100m Butterfly	Long	65-69			2:34.00			
100m Butterfly	Long	70-74			2:59.00			
100m Butterfly	Long	75-79			3:32.00			
100m Butterfly	Long	80-84			4:12.00			
100m Butterfly	Long	85-89			5:02.00			
100m Butterfly	Long	90+			7:17.00			
200m Butterfly	Long	18-24	Joanne Ball	Erith & District	3:02.04	29/01/2011	SER Long Course Masters Competition	K2, Crawley
200m Butterfly	Long	25-29	Claire Sweeney	Bexley	2:40.36	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
200m Butterfly	Long	30-34	Bridget Young	Dover Lifeguard	2:45.61	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
200m Butterfly	Long	35-39	Kaira Redman	Kent Weald	2:48.22	17/08/2019	FINA World Masters Championships	Nambu University Gwangju
200m Butterfly	Long	40-44	Kaira Redman	Dover Lifeguard	3:10.47	21/01/2024	SSE Masters & Seniors Competition	K2 Crawley
200m Butterfly	Long	45-49			4:01.00			
200m Butterfly	Long	50-54	Suzanne Wilding	Erith & Dist	3:04.81	14/06/2025	British Masters Championships	LAC Stratford
200m Butterfly	Long	55-59	Donna Wickens	Dover Lifeguard	3:29.52	14/06/2025	British Masters Championships	LAC Stratford
200m Butterfly	Long	60-64			5:14.00			
200m Butterfly	Long	65-69			5:39.00			
200m Butterfly	Long	70-74			6:39.00			
200m Butterfly	Long	75-79			7:54.00			
200m Butterfly	Long	80-84			9:04.00			
200m Butterfly	Long	85-89			10:49.00			
200m Butterfly	Long	90+			14:04.00			
50m Backstroke	Long	18-24	Rachel Rickwood	Dartford & District	0:33.97	02/04/2016	British Masters	Sheffield
50m Backstroke	Long	25-29	Bethany Collins	RTW Masters	0:34.40	14/06/2026	British Masters Championships	Aberdeen
50m Backstroke	Long	30-34	Lauren Willcox	Saxon Crown	0:33.00	02/04/2016	British Masters	Sheffield
50m Backstroke	Long	35-39	Victoria Fielding	Dover Lifeguard	0:36.87	14/06/2025	British Masters & Seniors Champiopnships	LAC Stratford
50m Backstroke	Long	40-44	Charlotte Callow	Medway Maritime	0:36.11	17/01/2026	SER Long Course Masters	K2, Crawley
50m Backstroke	Long	45-49	Rhona Courtier	Larkfield	0:37.14	14/06/2019	2019 Great Britain Masters	Swansea
50m Backstroke	Long	50-54	Rebecca Stewart	Saxon Crown	0:35.32	17/06/2017	British Masters & Seniors Champiopnships	Aberdeen
50m Backstroke	Long	55-59	Valerie Melville	Medway Maritime	0:37.64	21/04/2024	British Masters & Seniors Champiopnships	Swansea
50m Backstroke	Long	60-64	Melanie Evans	Dartford & District	0:44.40	13/05/2017	Norfolk Masters Meet	UEA, Norfolk
50m Backstroke	Long	65-69	Sandra Vincent	Black Lion	0:49.95	25/07/2015	Rushmoor Royals Masters	Aldrshot Garrison
50m Backstroke	Long	70-74	Shelley Robinson	Sevenoaks	0:53.92	21/01/2024	SSE Masters & Seniors Competition	K2, Crawley
50m Backstroke	Long	75-79	Betty Condon	Bromley	0:51.20	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
50m Backstroke	Long	80-84			1:25.00			
50m Backstroke	Long	85-89			2:11.00			
50m Backstroke	Long	90+			2:41.00			

100m Backstroke	Long	18-24	Lucinda Steer	Beckenham	1:23.47	29/01/2011	SER Masters & Seniors Competition	K2, Crawley
100m Backstroke	Long	25-29	Bethany Collins	RTW Masters	1:14.87	13/06/2026	British Masters Championships	Aberdeen
100m Backstroke	Long	30-34	Lauren Willcox	Saxon Crown	1:08.83	09/06/2018	British Masters Championships	Plymouth
100m Backstroke	Long	35-39	Jennifer Pearson	Saxon Crown	1:10.23	01/04/2016	British Masters	Sheffield
100m Backstroke	Long	40-44	Charlotte Callow	Medway Maritime	1:17.81	18/01/2026	SER Long Course Masters	K2, Crawley
100m Backstroke	Long	45-49	Rhona Courtier	Larkfield	1:22.15	09/06/2018	British Masters Championships	Plymouth
100m Backstroke	Long	50-54	Rebecca Stewart	Saxon Crown	1:17.72	16/06/2017	British Masters & Seniors Championships	Aberdeen
100m Backstroke	Long	55-59	Deborah Startin	Dover Lifeguard	1:23.93	18/01/2026	SER Long Course Masters	K2, Crawley
100m Backstroke	Long	60-64	Kathleen Anne Raymond	Medway Maritime	1:50.15	05/03/2023	Swim Wales Masters LC Championships	Swansea
100m Backstroke	Long	65-69	Shelley Robinson	Sevenoaks	1:54.03	20/01/2018	SER Masters & Seniors Competition	K2, Crawley
100m Backstroke	Long	70-74	Shelley Robinson	Sevenoaks	1:59.33	20/02/2024	SSE Masters & Seniors Competition	K2, Crawley
100m Backstroke	Long	75-79			2:41.00			
100m Backstroke	Long	80-84			3:12.00			
100m Backstroke	Long	85-89			3:47.00			
100m Backstroke	Long	90+			4:42.00			
200m Backstroke	Long	18-24	Abigail Westcott	RTW Masters	2:59.81	23/01/2022	SER Masters & Seniors Championships	K2, Crawley
200m Backstroke	Long	25-29	Bethany Collins	RTW Masters	2:45.38	12/06/2026	British Masters and Seniors Championships	Aberdeen
200m Backstroke	Long	30-34	Lauren Willcox	Saxon Crown	2:27.30	08/06/2018	British Masters Championships	Plymouth
200m Backstroke	Long	35-39	Jennifer Pearson	Saxon Crown	2:30.76	02/04/2016	British Masters	Sheffield
200m Backstroke	Long	40-44	Charlotte Callow	Medway Maritime	2:52.49	17/01/2026	SER Long Course Masters	K2, Crawley
200m Backstroke	Long	45-49	Rhona Courtier	Larkfield	2:53.96	15/06/2019	2019 Great Britai Masters	Swansea
200m Backstroke	Long	50-54	Rebecca Stewart	Saxon Crown	2:53.18	18/06/2017	British Masters & Seniors Championships	Aberdeen
200m Backstroke	Long	55-59	Pauline Caven	Sevenoaks	3:22.39	22/01/2017	SER Masters & Seniors Competition	K2, Crawley
200m Backstroke	Long	60-64	Kathleen Anne Raymond	Medway Maritime	3:52.04	30/03/2025	Scottish Masters LC Spring Meet	Aberdeen
200m Backstroke	Long	65-69	Shelley Robinson	Sevenoaks	4:02.28	15/06/2019	2019 Great Britain Masters	Swansea
200m Backstroke	Long	70-74	Shelley Robinson	Sevenoaks	4:11.91	20/01/2024	SSE Seniors & Masters Competition	K2, Crawley
200m Backstroke	Long	75-79	Betty Condon	Bromley	4:33.21	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
200m Backstroke	Long	80-84			6:59.00			
200m Backstroke	Long	85-89			8:34.00			
200m Backstroke	Long	90+			9:34.00			
50m Breaststroke	Long	18-24	Sara Parfett	Black Lion	0:31.12	30/01/2010	SER Masters & Seniors Competition	K2, Crawley
50m Breaststroke	Long	25-29	Lauren Jenkins	Black Lion	0:39.33	03/04/2016	British Masters	Sheffield
50m Breaststroke	Long	30-34	Jacqueline Durkin	Black Lion	0:37.97	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
50m Breaststroke	Long	35-39	Alison Nye	Erith & District	0:37.23	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
50m Breaststroke	Long	40-44	Alison Nye	Erith & District	0:36.90	01/04/1997	SCASA Masters Championship	Crystal Palace
50m Breaststroke	Long	45-49	Della Jenkins	RTW Masters	0:38.61	28/01/2012	SER Masters & Seniors Competition	K2, Crawley
50m Breaststroke	Long	50-54	Alison Nye	Orpington Ojays	0:38.08	25/03/2007	SER Long Course Masters Competition	K2, Crawley

50m Breaststroke	Long	55-59	Lucy Dikson	Sevenoaks	0:46.67	26/05/2016	European Masters	LAC Stratford
50m Breaststroke	Long	60-64	Kathleen Anne Raymond	Medway Maritime	0:47.26	22/01/2023	SER Masters & Seniors Championships	K2, Crawley
50m Breaststroke	Long	65-69	Sandra Vincent	Black Lion	0:52.90	25/07/2015	Rushmoor Royals Masters	Aldershot Garrison
50m Breaststroke	Long	70-74	Maud Povey	Gravesend & Northfleet	0:52.20	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
50m Breaststroke	Long	75-79			1:20.50			
50m Breaststroke	Long	80-84			1:37.00			
50m Breaststroke	Long	85-89			2:09.00			
50m Breaststroke	Long	90+			2:51.00			
100m Breaststroke	Long	18-24	Sara Parfett	Black Lion	1:17.09	30/01/2010	SER Masters & Seniors Competition	K2, Crawley
100m Breaststroke	Long	25-29	Lauren Jenkins	Black Lion	1:30.09	02/04/2016	British Masters	Sheffield
100m Breaststroke	Long	30-34	Jacqueline Durkin	Black Lion	1:24.84	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
100m Breaststroke	Long	35-39	Alison Nye	Erith & District	1:27.13	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
100m Breaststroke	Long	40-44	Alison Nye	Erith & District	1:22.28	01/04/1997	SCASA Masters Championship	Crystal Palace
100m Breaststroke	Long	45-49	Della Jenkins	RTW Monson	1:28.83	30/01/2011	SER Masters & Seniors Competition	K2 Crawley
100m Breaststroke	Long	50-54	Lucy Dickson	Sevenoaks	1:38.36	30/01/2011	SER Masters & Seniors Competition	K2 Crawley
100m Breaststroke	Long	55-59	Kathleen Anne Raymond	Sevenoaks	1:40.46	07/09/2018	2018 European Masters Championships	Slovenia
100m Breaststroke	Long	60-64	Kathleen Anne Raymond	Medway Maritime	1:43.45	03/06/2023	British Masters & Seniors Championships	Sheffield
100m Breaststroke	Long	65-69	Barbara Wiles	RTW Masters	1:51.12	19/01/2025	SER Masters & Seniors Competition	K2 Crawley
100m Breaststroke	Long	70-74	Maud Povey	Gravesend & Northfleet	2:03.82	22/06/1996	VI World Masters Championship	Ponds Forge, Sheffield
100m Breaststroke	Long	75-79			3:03.00			
100m Breaststroke	Long	80-84			3:52.00			
100m Breaststroke	Long	85-89			4:47.00			
100m Breaststroke	Long	90+			5:52.00			
200m Breaststroke	Long	18-24	Sara Parfett	Black Lion	2:55.62	30/01/2010	SER Long Course Masters Competition	K2, Crawley
200m Breaststroke	Long	25-29	Annemarie Adams	Medway Maritime	3:22.32	18/01/2026	SER Long Course Masters	K2, Crawley
200m Breaststroke	Long	30-34	Carly Newman	Tonbridge	3:09.72	22/01/2017	SER Long Course Masters	K2, Crawley
200m Breaststroke	Long	35-39	Hannah Newsham	Erith & District	3:10.84	01/02/2015	SER Masters & Seniors Competition	K2, Crawley
200m Breaststroke	Long	40-44	Carole Murphy	Sevenoaks	3:13.21	30/01/2011	SER Masters & Seniors Competition	K2 Crawley
200m Breaststroke	Long	45-49	Louise Brass	Medway Maritime	3:10.68	14/06/2025	British Masters & Seniors Championships	LAC Stratford
200m Breaststroke	Long	50-54	K Anne Raymond	Sevenoaks Tri	3:32.18	14/06/2013	British Masters	Plymouth
200m Breaststroke	Long	55-59	Kathleen Anne Raymond	Sevenoaks	3:32.58	04/09/2018	2018 European Masters Championships	Slovenia
200m Breaststroke	Long	60-64	Kathleen Anne Raymond	Medway Maritime	3:39.49	04/06/2023	British Masters & Seniors Championships	Sheffield
200m Breaststroke	Long	65-69	Pat Teale	Bexley SC	4:16.67	22/01/2023	SER Masters & Seniors Competition	K2 Crawley
200m Breaststroke	Long	70-74			5:34.00			
200m Breaststroke	Long	75-79			6:14.00			
200m Breaststroke	Long	80-84			7:29.00			
200m Breaststroke	Long	85-89			9:15.00			
200m Breaststroke	Long	90+			11:04.00			

200m Individual Medley	Long	18-24	Emily Siebrecht	Kent Weald Swim Squad	2:27.48	18/01/2020	SER Masters & Seniors Championships	K2 Crawley
200m Individual Medley	Long	25-29	Lauren Jenkins	Black Lion	2:50.31	23/07/2016	Rushmoor Royals Masters Meet	Aldershot Garrison
200m Individual Medley	Long	30-34	Rebecca Harvey	RTW Masters	2:57.10	02/02/2008	SER Masters & Seniors Competition	K2 Crawley
200m Individual Medley	Long	35-39	Kaira Redman	Kent Weald Swim Squad	2:49.65	18/01/2020	SER Masters & Seniors Championships	K2 Crawley
200m Individual Medley	Long	40-44	Liz Price	RTW Masters	2:52.21	22/01/2022	SER Masters & Seniors Championships	K2 Crawley
200m Individual Medley	Long	45-49	Louise Brass	Medway Maritime	2:59.59	14/06/2025	British Masters & Seniors Championships	LAC Stratford
200m Individual Medley	Long	50-54	Rebecca Stewart	Saxon Crown	2:49.96	16/06/2017	British Masters & Seniors Championships	Aberdeen
200m Individual Medley	Long	55-59	Donna Wickens	Dover Lifeguard	3:08.99	04/06/2023	British Masters & Seniors Championships	Sheffield
200m Individual Medley	Long	60-64	Melanie Evans	Dartford & District	3:24.86	13/05/2017	Norfolk Masters Meet	UEA, Norfolk
200m Individual Medley	Long	65-69	Shelley Robinson	Sevenoaks	4:11.10	09/06/2018	British Masters Championships	Plymouth
200m Individual Medley	Long	70-74			5:19.00			
200m Individual Medley	Long	75-79			6:04.00			
200m Individual Medley	Long	80-84			6:49.00			
200m Individual Medley	Long	85-89			8:04.00			
200m Individual Medley	Long	90+			9:34.00			
400m Individual Medley	Long	18-24			6:31.00			
400m Individual Medley	Long	25-29			6:41.00			
400m Individual Medley	Long	30-34	Kaira Redman	Dover Lifeguard	5:47.88	14/08/2017	17th FINA World Masters Championships	Budapest, Hungry
400m Individual Medley	Long	35-39	Kaira Redman	Kent Weald Swim Squad	5:45.44	14/08/2019	FINA World Masters Championships	Nambu University Gwangju
400m Individual Medley	Long	40-44	Lizzie price	RTW Masters	6:02.69	21/01/2018	SER Masters & Seniors Competition	K2 Crawley
400m Individual Medley	Long	45-49	Sharon Ruck	City of Canterbury	5:55.48	02/02/2008	SER Masters & Seniors Competition	K2 Crawley
400m Individual Medley	Long	50-54	Suzanne Wilding	Erith & Dist	6:18.78	21/01/2024	SSE Masters & Seniors Competition	K2, Crawley
400m Individual Medley	Long	55-59	Donna Wickens	Dover Lifeguard	6:51.35	18/01/2025	SER Masters & Seniors Competition	K2, Crawley
400m Individual Medley	Long	60-64	Jenny Vick	Erith & Dist	7:17.98	18/01/2025	SER Masters & Seniors Competition	K
400m Individual Medley	Long	65-69			11:13.00			
400m Individual Medley	Long	70-74	Maureen Fakley	Hythe Aqua	12:20.30	14/04/2007	SER Long Course Masters Competition	K2, Crawley
400m Individual Medley	Long	75-79			15:38.00			
400m Individual Medley	Long	80-84			17:08.00			
400m Individual Medley	Long	85-89			18:08.00			
400m Individual Medley	Long	90+			22:08.00			