



KCASA Masters & Seniors Championships Best Performance Times as at 22nd June 2025

Relay Event Best Times - Mixed

Mixed 72+ 200m Freestyle Team			Mixed 72+ 200m Medley Team		
Gravesend and Northfleet	1:49.76	2017	Medway Maritime SC	2:00.89	2024
Mixed 120 Years 200m Freestyle Team			Mixed x120 Years 200m Medley Team		
RTW Masters SC	1:55.28	2018	Dover SC	2:10.91	2019
Mixed 160 Years 200m Freestyle Team			Mixed 160 Years 200m Medley Team		
RTW Masters SC	1:55.63	2018	RTW Masters SC	2:19.90	2019
Mixed 200 Years 200m Freestyle Team			Mixed 200 Years 200m Medley Team		
Erith & District SC	2:02.15	2019	Erith & District SC	2:27.77	2019
Mixed 240 Years 200m Freestyle Team			Mixed 240 Years 200m Medley Team		
RTW Masters SC	2:14.47	2018	Erith & District SC	2:27.77	2019
Mixed 240 Years 100m Freestyle Team			Mixed 240 Years 100m Medley Team		
Medway Maritime SC	1:02.51	2022	RTW Masters SC	1:10.27	2018

Relay Event Best Times – Open/Male

120 Years 200m Freestyle Team			120 Years 200m Medley Team		
Erith SC	1:40.51	2024	Erith SC	2:00.78	2024
160 Years 200m Freestyle Team			160 Years 200m Medley Team		
Beckenham SC	1:49.90	2024	Erith SC	2:03.85	2025
200 Years 200m Freestyle Team			200 Years 200m Medley Team		
Medway Maritime SC	1:57.20	2024	Medway Maritime SC	2:13.17	2024

Relay Event Best Times - Men

Mens 120 Years 100m Freestyle Team			Mens 120 Years 100m Medley Team		
Saxon Crown SC	0:48.27	2008	Saxon Crown SC	0:54.81	2008
Mens 160 Years 100m Freestyle Team			Mens 160 Years 100m Medley Team		
Black Lion SC	0:50.70	2016	Black Lion SC	0:56.48	2017
Mens 200 Years 100m Freestyle Team			Mens 200 Years 100m Medley Team		
Black Lion SC	0:50.96	2018	Black Lion SC	0:58.61	2018
Men's 240 Years 100m Freestyle Team			Mens 240 Years 100m Medley Team		
City of Canterbury SC	1:08.57	1996	City of Canterbury SC	1:13.38	1996



Relay Event Best Times – Ladies

120 Years 200m Freestyle Team

Medway Maritime SC 2:04.07 2024

160 Years 200m Freestyle Team

Medway Maritime SC 2:06.96 2024

200 Years 200m Freestyle Team

Erith SC 2:22.82 2025

120 Years 200m Medley Team

Medway Maritime SC 2:24.92 2024

160 Years 200m Medley Team

Medway Maritime SC 2:18.33 2024

200 Years 200m Medley Team

Erith SC 2:39.95 2025

Relay Event Best Times - Ladies

Ladies 120 Years 100m Freestyle Team

RTW Masters SC 0:55.28 2012

Ladies 160 Years 100m Freestyle Team

RTW Masters SC 0:56.84 2018

Ladies 200 Years 100m Freestyle Team

Erith & District SC 1:02.55 2018

Ladies 240 Years 100m Freestyle Team

Bromley SC 1:27.79 1996

Ladies 120 Years 100m Medley Team

RTW Monson SC 1:03.58 2010

Ladies 160 Years 100m Medley Team

RTW Masters SC 1:04.87 2019

Ladies 200 Years 100m Medley Team

Erith & District SC 1:09.93 2019

Ladies 240 Years 100m Medley Team

Bromley SC 1:26.19 1997